

Turn invisible mental strain into early signal, human response, and belonging.

WeSelf combines brief EMA-inspired check-ins, an AI journal, clinician-ready interpretation, and a belonging engine so support starts before distress becomes crisis.

Short daily check-ins Low-friction sensing of mood, stress, energy, and needs.	AI Journal Pattern finding across thoughts, emotions, and direction over time.
Belonging Engine Routes people toward a person, place, or next step when connection is weakening.	Clinician loop Transforms scattered traces into something care teams can actually act on.

Vision

Mental health should become continuous, preventive, and relational. WeSelf is built for a future where anxiety, loneliness, burnout, and emotional overload are made visible early enough to change outcomes, not just describe damage after the fact.

The product is not intended to replace clinicians or human contact. It is designed to surface the right signal at the right time so people can act earlier, connect faster, and feel less alone.

Mission

Sense Capture lightweight daily signals through short check-ins, journaling, and activity context.	Interpret Turn fragmented traces into patterns for mood, anxiety, stress, and direction.	Connect Move people toward real support before disconnection hardens.
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RoadMap

Now	Next	Scale
Refine check-ins, journaling, AI interpretation, and clinician workflows. Tighten trust, reliability, and the stakeholder story.	Run pilots with clinics, universities, and structured communities. Validate whether micro-signals can surface risk and belonging changes earlier.	Turn WeSelf into a deployable prevention layer with dashboards, pathways, and recurring B2B partnerships.

Current Assets Needed

Product & Engineering Full-stack execution, mobile polish, infrastructure resilience, and analytics discipline.	Clinical & Research Pilot design, outcomes tracking, and clinically defensible use cases for partner institutions.
Signal & AI Refinement of signal models, journaling interpretation, and alert quality across real-world conditions.	Pilots & Capital Pre-seed funding for team, pilots, first B2B integrations, and the evidence layer that makes growth defensible.

QR Code To Install And Share The App



Scan the QR code to open the protected WeSelf install flow and share the current Android build.

Install page: <https://docpro-central-backend-b577b145d225.herokuapp.com/manifesto/install.html>

Business plan request: <mailto:info@humanvaluepsychology.net?subject=Request%20WeSelf%20Business%20Plan&body;=Hi%20C%20I%20would%20like%20to%20receive%20the%20WeSelf%20business%20plan.>

Call To Action

If you see the opportunity in preventive mental-health infrastructure, belonging-aware routing, and clinician-ready AI interpretation, request the full business plan and funding conversation.

Request the business plan: info@humanvaluepsychology.net